

Pittsburgh Ballet Theatre
Position Description

Position: Pilates Instructor/Personal Trainer

Supervisor: Dance and Fitness Programs Manager

FLSA Status: Non-Exempt

Classification: Part-Time

Position Summary

Instruct and motivate our clients to achieve their individualized fitness and performance goals through the safe and effective methods of Pilates and other conditioning methods. Client base includes various populations, from the general public to student and pre-professional dancers.

Position Responsibilities

- Assess, educate, mentor and provide accurate guidance for our clients to support their individual fitness goals
- Utilize and continue to expand your knowledge of Pilates and fitness to enhance our clients' experience
- Build trusting relationships with our clients and staff
- Respond to all client questions and concerns promptly and courteously
- Develop exciting, safe and effective fitness programs for individual clients within the scope of your knowledge
- Schedule client appointments. Accurately record scheduled appointments and program information

Qualifications

- Pilates Teacher Training Certification
- Accredited Personal Training Certification or Degree in Exercise Physiology or similar course of studies
- Dance background preferred, but not a requirement
- Other working relationships
- Able utilize basic computer programs

Schedule

- Primarily weekday evenings and Saturdays
- Additional weekday morning/afternoon hours during PBT Intensive Summer Program

Physical Requirements:

Physical requirements include lifting of boxes and materials (20 lb limit), writing, typing, talking on the phone, walking, standing and sitting.

Other Equipment Operation Requirements:

Operation requirements include the ability to drive an automobile, work on a computer, and operate and speak on a telephone.

This job description does not create a contract or guarantee regarding any term or condition of employment, including job duties. The PBT reserves the right to change, modify, amend or enhance the job duties of any employee in response to operational, fiscal and/or departmental demands.

Please send all resumes to Kristy Boyle, Dance and Fitness Programs Manager, at kboyle@pittsburghballet.org or Pittsburgh Ballet Theatre, 2900 Liberty Avenue, Pittsburgh, PA 15201.